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"Spending the fall semester of 2024 at Tuscia University in Italy as part of the Erasmus+ exchange program has been the most remarkable, enriching, and transformative experience of my life. From the moment I arrived in Italy, I gradually discovered new qualities within myself that had remained unnoticed in my home country, Georgia, where I had long been in comfort zone. My host university played a tremendous role in this transformation. At Tuscia University, I was exposed to diverse teaching methodologies, primarily centered on practical applications. The lecture sessions were particularly engaging, as they provided us with the opportunity to independently manage projects and navigate professional challenges in real-world scenarios. Additionally, I had the privilege of learning from esteemed professionals in my field, who shared their invaluable experiences of working in leading global organizations. Their insights not only served as a source of great inspiration but also enabled me to refine my future career aspirations.

Beyond the intellectually stimulating and multifaceted academic experience, my time in Italy remains unforgettable due to the adventures, novel experiences, and the many lifelong friendships I formed. Each day spent with my international peers most of whom have now become some of my closest friends, was filled with excitement and joy. Through these interactions, I gained profound insights into diverse cultures, customs, and traditions, which significantly broadened my perspective and enriched my worldview. I never imagined that it would be possible to create such an abundance of cherished and exhilarating memories within a span of just five months, all while balancing a rigorous and demanding academic workload, until I experienced it firsthand.

Ultimately, I consider my participation in the Erasmus+ exchange program to be one of the most rewarding decisions of my life. It offered unparalleled opportunities for personal growth, academic and professional development, and the creation of unforgettable experiences and meaningful connections. Most importantly, it granted me one of the happiest and most fulfilling semesters of my academic journey."